

Suicide Ideation Intensity (from C-SSRS)

Name

Date

1. How many times have you had thoughts of wanting to kill yourself or wanting to die?

Less than once a week

Once a week

2-5 times in week

Daily or almost daily

Many times a day

2. When you have these thoughts, how long do they last?

Fleeting - few seconds or minutes

Less than 1 hour/some of the time

1-4 hours/a lot of time

4-8 hours/most of day

More than 8 hours/persistent or continuous

3. Could/can you stop thinking about killing yourself or wanting to die if you want to?

Easily able to control thoughts

Can control thoughts with little difficulty

Can control thoughts with some difficulty

Can control thoughts with a lot of difficulty

Unable to control thoughts

Do not attempt to control thoughts

4. Are there things - anyone or anything (e.g., family, religion, pain of death) - that stopped you from wanting to die or acting on thoughts of committing suicide?

Deterrents definitely stopped you from attempting suicide

Deterrents probably stopped you

Uncertain that deterrents stopped you

Deterrents most likely did not stop you

Deterrents definitely did not stop you

Does not apply

5. What sort of reasons did you have for thinking about wanting to die or killing yourself? Was it to end the pain or stop the way you were feeling (in other words you couldn't go on living with this pain or how you were feeling) or was it to get attention, revenge or a reaction from others? Or both?

Completely to get attention, revenge or a reaction from others

Mostly to get attention, revenge or a reaction from others

Equally to get attention, revenge or a reaction from others and to end/stop the pain

Mostly to end or stop the pain (you couldn't go on living with the pain or how you were feeling)

Completely to end or stop the pain (you couldn't go on living with the pain or how you were feeling)

Does not apply

Please return this form to the office one day prior to your appointment or email it to hwanderson@q.com. Or, you may FAX it to 970-205-9462. If you choose to email it you can go to Sendinc at www.sendinc.com and mail it securely. You will need to set up an account, which is free. Thank you.